



GOVERNMENT DEGREE COLLEGE SARAHAN
Tehsil-Pachhad, District-Sirmaur (H.P.) 173024
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OFFICE ORDER

A Tele-MANAS (Tele Mental Health Assistance and Networking Across States) Committee has been constituted to provide free, confidential, and 24×7 mental health support to students. The committee shall work towards promoting mental well-being, creating awareness about mental health services, and facilitating access to the Tele-MANAS helpline. The committee comprises the following members:

1. Mr. Rajan Kushal, Assistant Professor of English (Convenor).
2. Mrs. Mollam Dolama, Assistant Professor of Hindi (Member).
3. Mrs. Reema Sharma, Assistant Professor of Music Ins. (Member).
4. Mr. Krishan Dutt, Assistant Professor of History (Member).

Dated :- 06.07.2026


Principal
Govt. Degree College
SARAHAN, District Sirmour (H.P.)
173024.